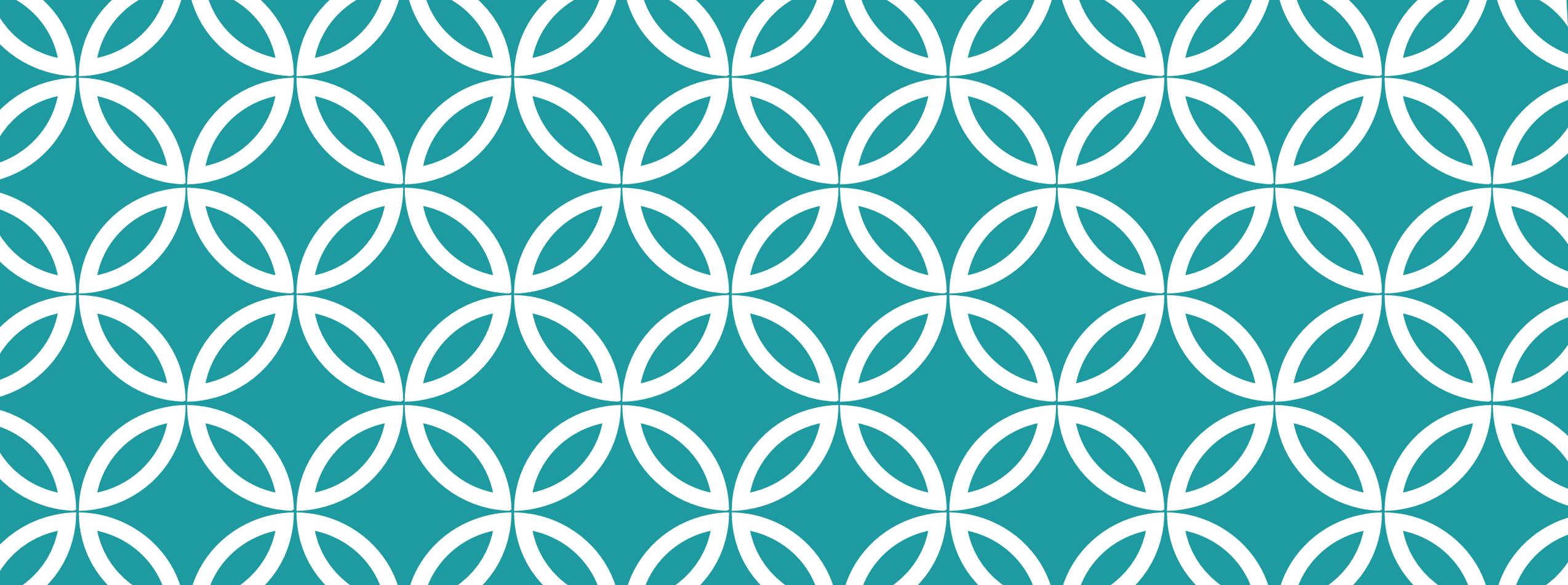


# CAUSAL LEARNING IN HEALTHCARE

Irene BALELLI  
[irene.balelli@inria.fr](mailto:irene.balelli@inria.fr)

# OVERVIEW OF THE COURSE AND PLANNING

- Lesson 1 (3h) - Introduction to causality and causal discovery – 12/03
- Lesson 2 (3h) – Causal inference (the *do* operator and the potential outcome framework) – 23/03
- Lesson 3 (1h30) – A healthcare use case – 26/03
- Exam (1h30) – Pen and paper – 26/03



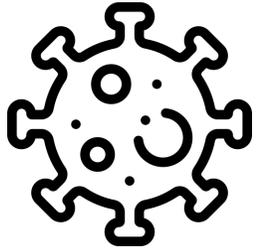
# CAUSALITY AND THE CAUSAL HIERARCHY

- Why does causality matter?
- The ladder of causation

# WHY DOES CAUSALITY MATTER?

Simpson's Paradox

New virus

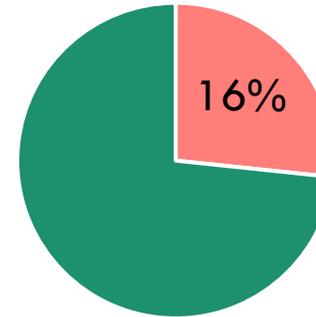


2050 subjects observed

Treatment A



1500 subjects

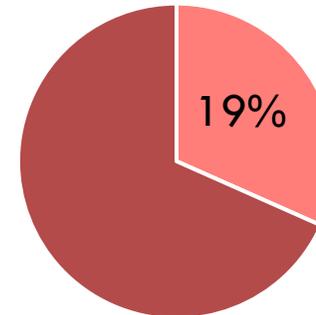


■ Died ■ Alive

Treatment B



550 subjects

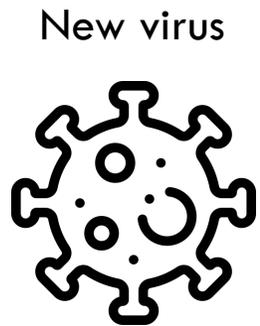


■ Died ■ Alive

Which treatment would you choose?

# WHY DOES CAUSALITY MATTER?

## Simpson's Paradox



2050 subjects observed

Treatment A

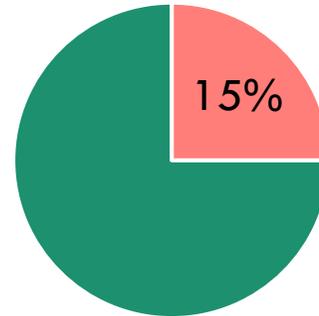


1500 subjects



Mild

1400 subjects

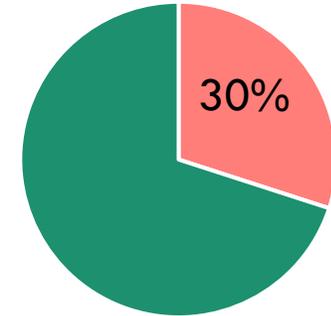


■ Died ■ Alive



Severe

100 subjects



■ Died ■ Alive

Treatment B

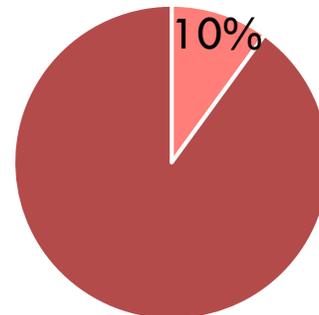


550 subjects



Mild

50 subjects

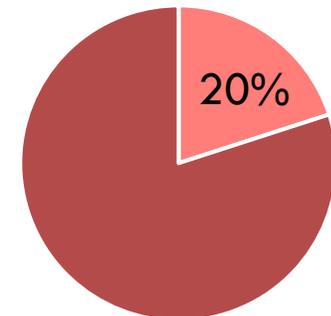


■ Died ■ Alive



Severe

500 subjects



■ Died ■ Alive

Which treatment would you choose?

# WHY DOES CAUSALITY MATTER?

Simpson's Paradox

		Output (Y)		
		Condition (C)		
Treatment (T)		Mild	Severe	Total
A (73%)		15% (210/1400)	30% (30/100)	<b>16%</b> (240/1500)
B (27%)		<b>10%</b> (5/50)	<b>20%</b> (100/500)	19% (105/550)

$$\mathbb{E}[Y|T, C = \text{Mild}]$$

$$\mathbb{E}[Y|T]$$

$$\mathbb{E}[Y|T, C = \text{Severe}]$$

# WHY DOES CAUSALITY MATTER?

Simpson's Paradox

Treatment (T)	Output (Y)		
	Condition (C)		Total
	Mild	Severe	
A (73%)	15% (210/1400)	30% (30/100)	<b>16%</b> (240/1500)
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$\mathbb{E}[Y|T, C = \text{Mild}]$     $\mathbb{E}[Y|T, C = \text{Severe}]$     $\mathbb{E}[Y|T]$



$$\frac{1400}{1500} 0.15 + \frac{100}{1500} 0.30 = \mathbf{0.16}$$



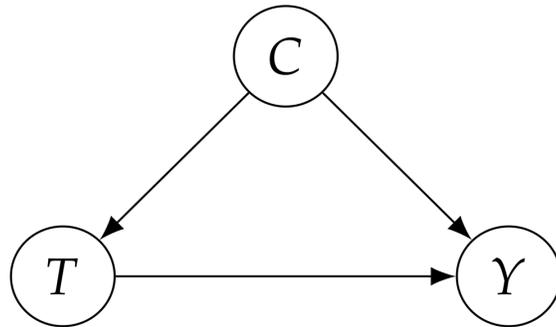
$$\frac{50}{550} \mathbf{0.10} + \frac{500}{550} \mathbf{0.20} = 0.19$$

# WHY DOES CAUSALITY MATTER?

## Simpson's Paradox

**Scenario 1:** Condition C is a cause of treatment assignment T (e.g., doctors decide to give treatment A, less expensive/easily accessible to patients with mild symptoms, and keep treatment B, more expensive/more limited to patients with severe symptoms).

**Graphically:**



**Conclusion:** Treatment B is more effective at reducing mortality Y!

**Can you see why?**

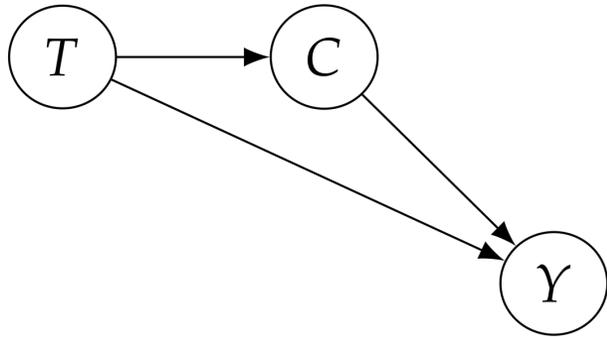
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# WHY DOES CAUSALITY MATTER?

## Simpson's Paradox

**Scenario 2:** Treatment prescription T is a cause of condition C (e.g., treatment B is so scarce that patients with prescribed B have to wait longer before effective administration, and their condition worsens from mild to severe).

**Graphically:**



**Conclusion:** Treatment A is more effective!

→ We do not have to control for C to assess effectiveness

Treatment (T)	Output (Y)		Total
	Condition (C)		
	Mild	Severe	
A (73%)	15% (210/1400)	30% (30/100)	<b>16%</b> (240/1500)
B (27%)	<b>10%</b> (5/50)	<b>20%</b> (100/500)	19% (105/550)

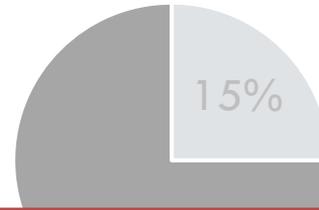
# WHY DOES CAUSALITY MATTER?

## Simpson's Paradox

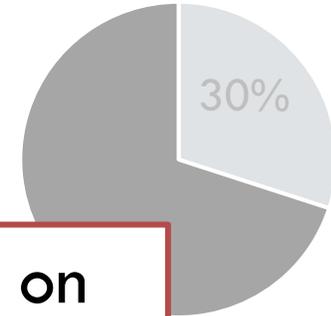
Treatment A



Mild



Severe



■ Alive

Which treatment would you choose?

**Conclusion:** The more effective treatment depends on the causal structure of the problem!

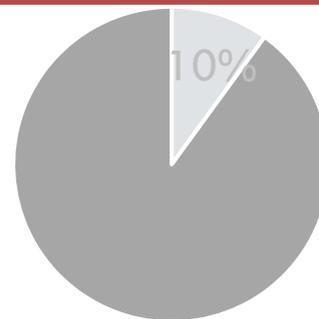
Causality solves the Simpson's paradox

Treatment B



Mild

50 subjects

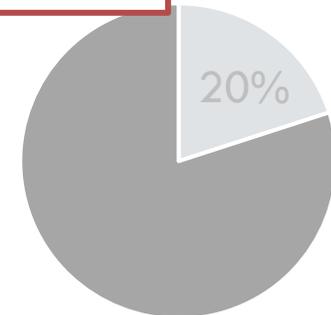


■ Died ■ Alive



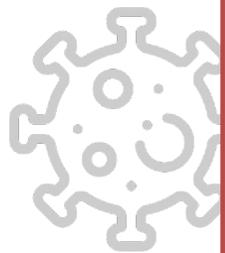
Severe

500 subjects



■ Died ■ Alive

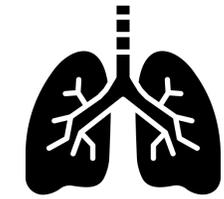
New virus



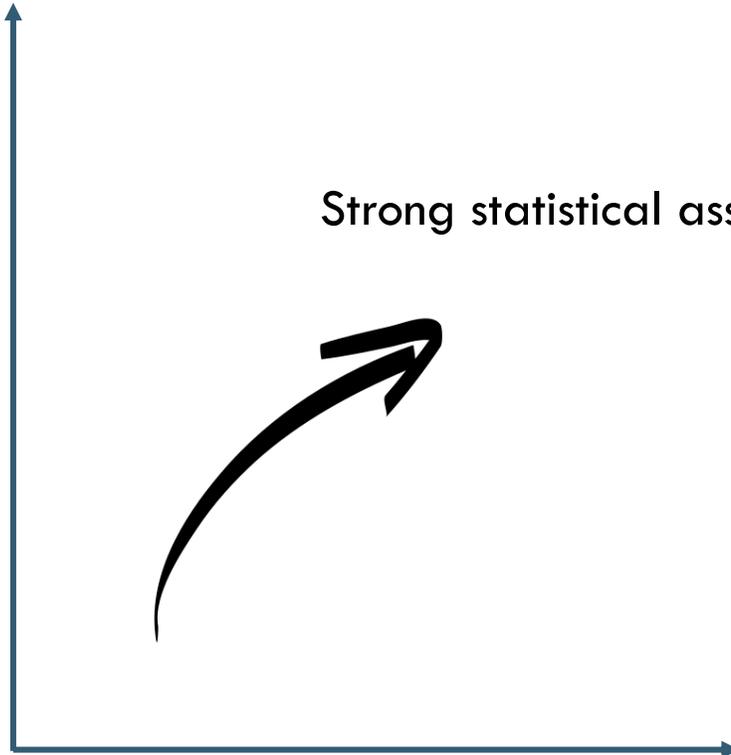
2050 subjects observed

550 subjects

# STATISTICAL ASSOCIATION IS NOT CAUSATION



Lung cancer



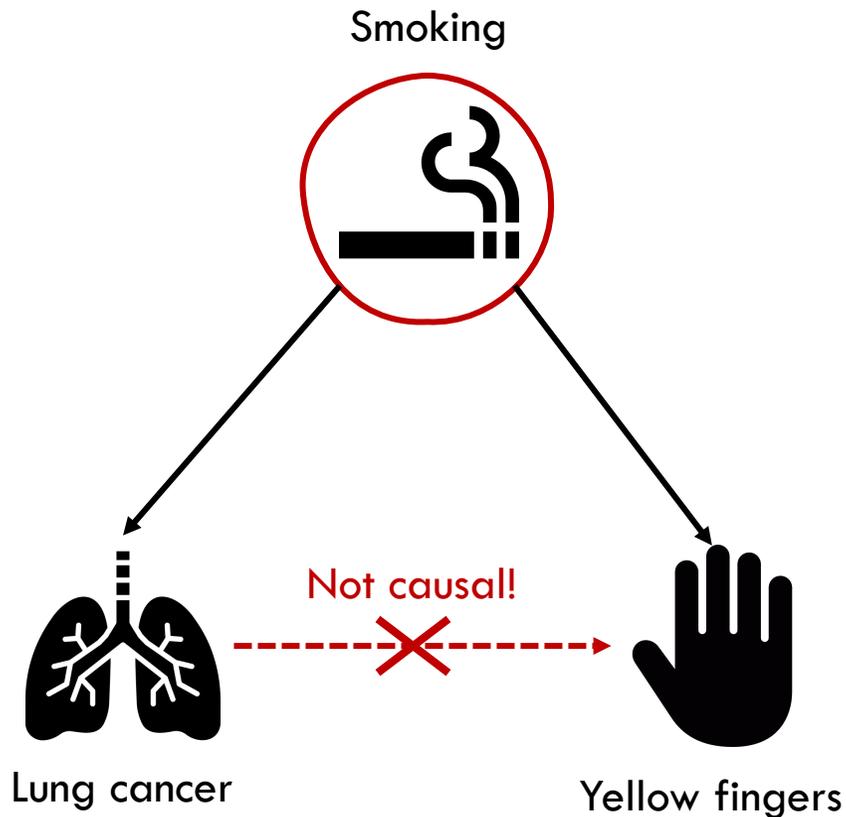
Strong statistical association



Yellow fingers

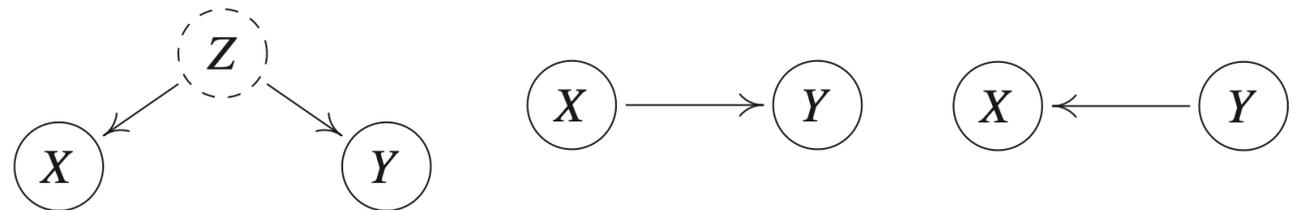
Are yellow fingers causing lung cancer?  
Or is lung cancer responsible for yellow fingers?

# STATISTICAL ASSOCIATION IS NOT CAUSATION

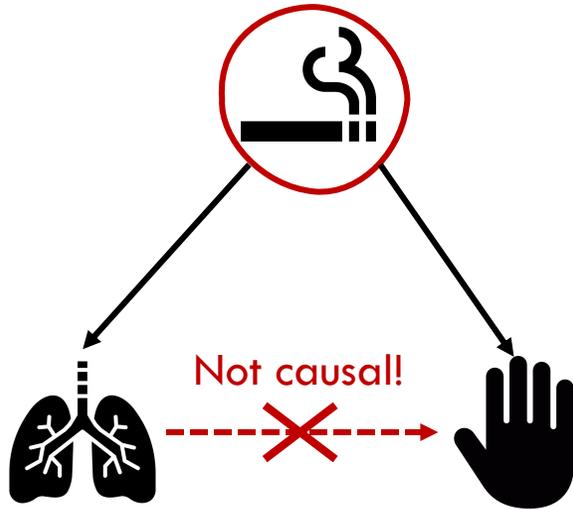


**Reichenbach's common cause principle.** If two random variables  $X$  and  $Y$  are statistically dependent ( $X \not\perp Y$ ), then there exists a third variable  $Z$  that causally influences both. (As a special case,  $Z$  may coincide with either  $X$  or  $Y$ )

Furthermore, this variable  $Z$  screens  $X$  and  $Y$  from each other in the sense that given  $Z$ , they become independent,  $X \perp Y | Z$ .



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Furthermore, this variable  $Z$  screens  $X$  and  $Y$  from each other in the sense that given  $Z$ , they become independent,  $X \perp Y | Z$ .

$X$  and  $Y$  are **statistically associated** iff:

$$\exists x_1 \neq x_2, \mathbb{P}(Y | X = x_1) \neq \mathbb{P}(Y | X = x_2)$$

$X$  is a **cause** of  $Y$  iff:

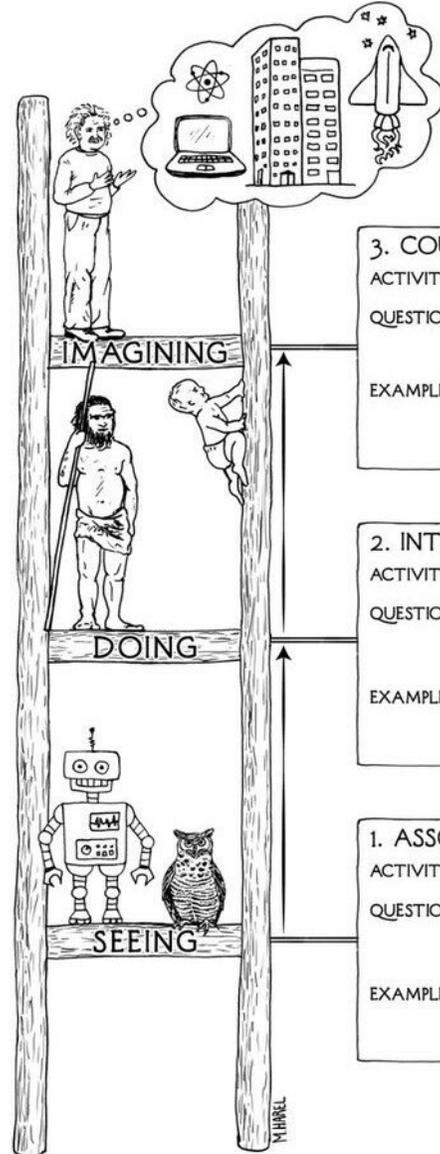
$$\exists x_1 \neq x_2, \mathbb{P}(Y | \text{set } X = x_1) \neq \mathbb{P}(Y | \text{set } X = x_2)$$

# THE LADDER OF CAUSATION

Causal simulation:  
causal inference at  
the **individual** level

Causality-in-mean:  
causal inference at  
the **cohort** level

Statistical **association**  
- basic statistics  
- classical ML



**3. COUNTERFACTUALS**  
ACTIVITY: Imagining, Retrospection, Understanding  
QUESTIONS: *What if I had done ...? Why?*  
(Was it X that caused Y? What if X had not occurred? What if I had acted differently?)  
EXAMPLES: Was it the aspirin that stopped my headache? Would Kennedy be alive if Oswald had not killed him? What if I had not smoked for the last 2 years?

**2. INTERVENTION**  
ACTIVITY: Doing, Intervening  
QUESTIONS: *What if I do ...? How?*  
(What would Y be if I do X? How can I make Y happen?)  
EXAMPLES: If I take aspirin, will my headache be cured? What if we ban cigarettes?

**1. ASSOCIATION**  
ACTIVITY: Seeing, Observing  
QUESTIONS: *What if I see ...?*  
(How are the variables related? How would seeing X change my belief in Y?)  
EXAMPLES: What does a symptom tell me about a disease? What does a survey tell us about the election results?

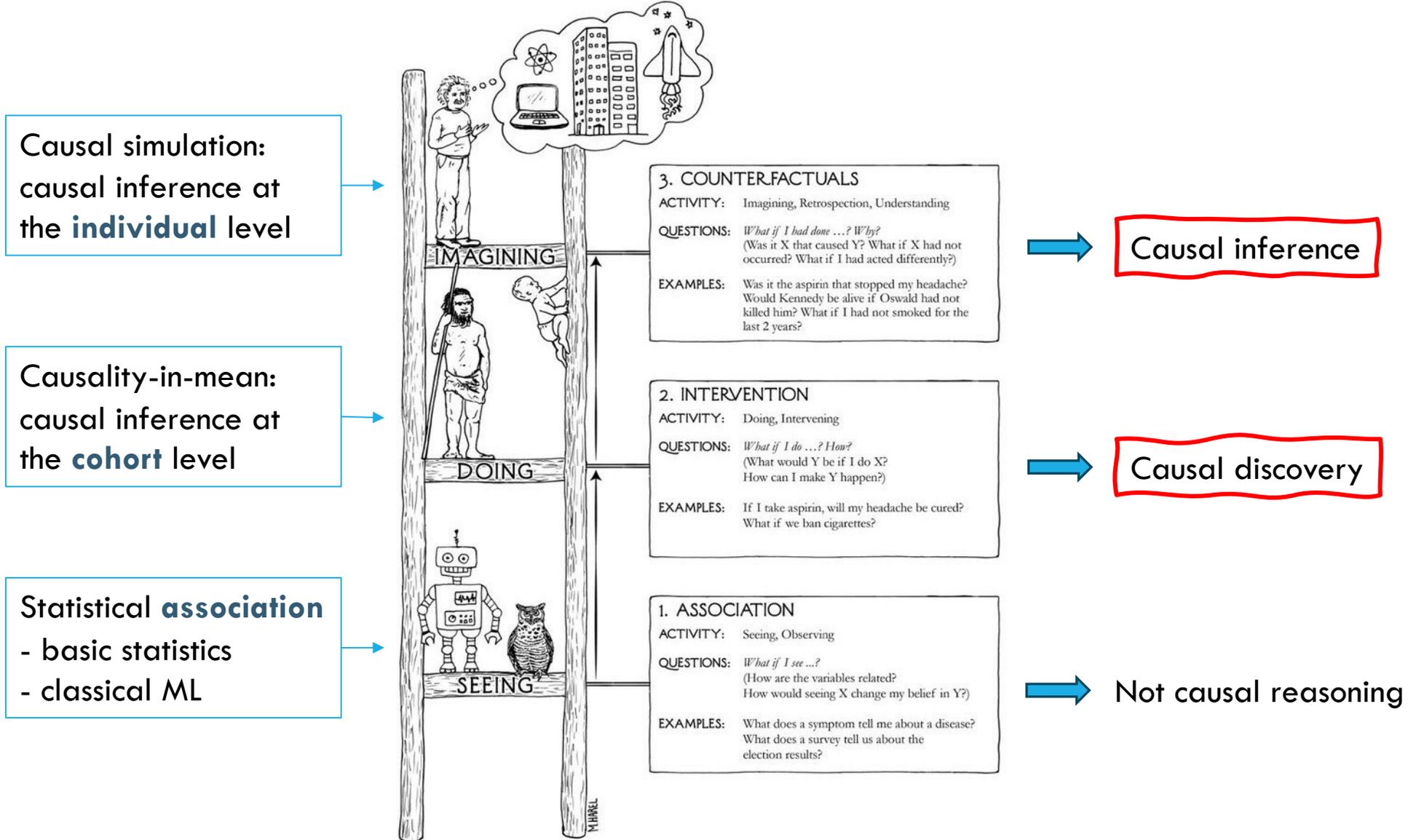
I'm interested in:  $\alpha$  DAG + SCM  
 $\mathbb{P}(Y | \text{set } X = x)$

I'm interested in:  $\alpha$  DAG,  $\mathcal{G}$  (+ BN)

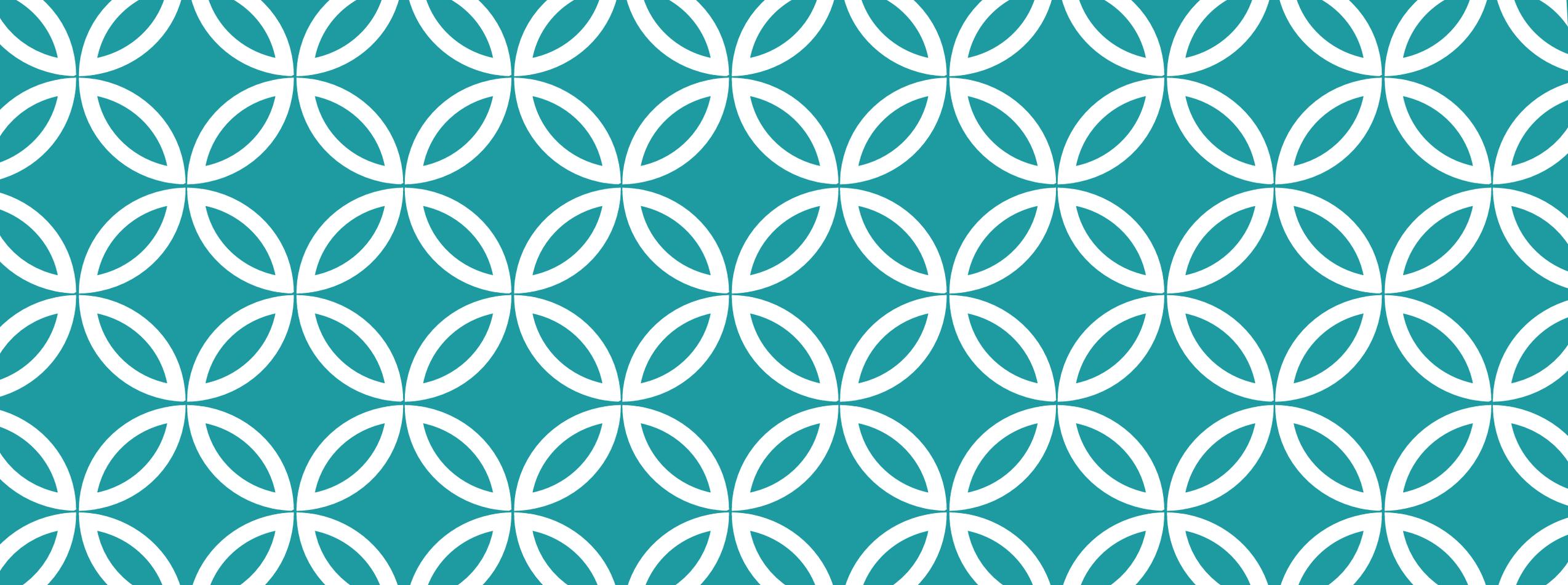
$X \perp\!\!\!\perp Y | Z$

I'm interested in:  $\mathbb{P}(Y | X = x)$

# THE LADDER OF CAUSATION



The ladder of causation - Pearl, J. (2000). *Causality: Models, Reasoning, and Inference*.

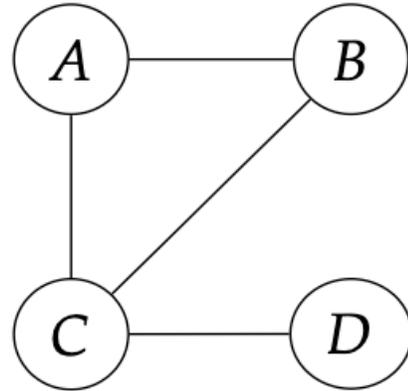


# CAUSAL GRAPHICAL MODELS

- The Markov Property and Faithfulness
- Chain, Fork, and Collider
- d-separation and conditional independence

# CAUSALITY THROUGH GRAPHS

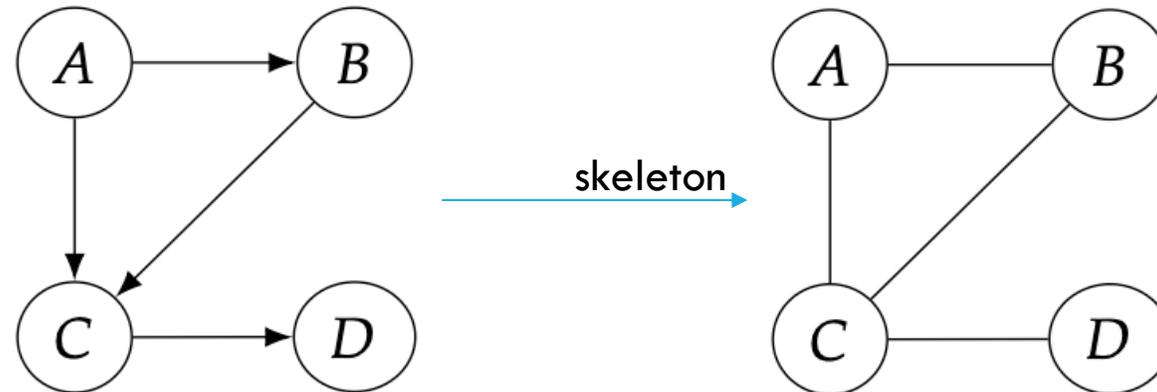
- **Undirected Graph:** a set of nodes ( $V = \{X_1, \dots, X_N\}$ ) and edges ( $E = \{(X_i, X_j)\}$ ) establishing pairwise links between nodes in  $V$ .



$$V = \{A, B, C, D\}$$
$$E = \{(A, B), (A, C), (B, C), (C, D)\} = \{(B, A), (C, A), (C, B), (D, C)\}$$

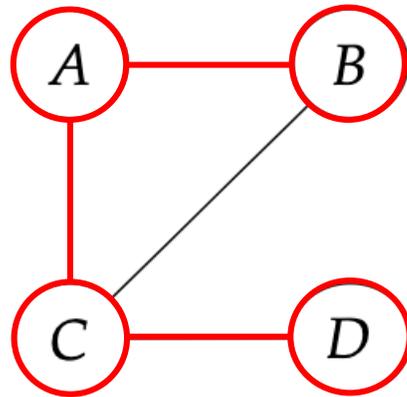
# CAUSALITY THROUGH GRAPHS

- **Undirected Graph:** a set of nodes ( $V = \{X_1, \dots, X_N\}$ ) and edges ( $E = \{(X_i, X_j)\}$ ) establishing pairwise links between nodes in  $V$ .
- **Directed graph:** a graph whose set of edges  $E$  only contains ordered tuples, i.e.  $(X_i, X_j) \neq (X_j, X_i)$ . Its undirected counterpart is often referred to as the **skeleton**.

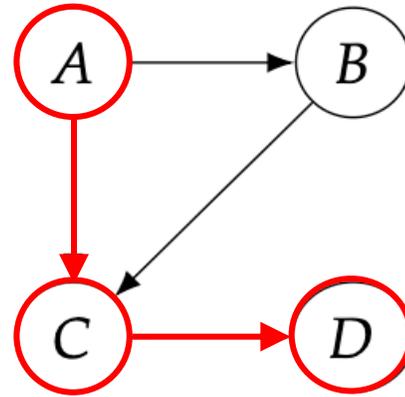


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- **(directed) path:** consecutive (directed) edges.



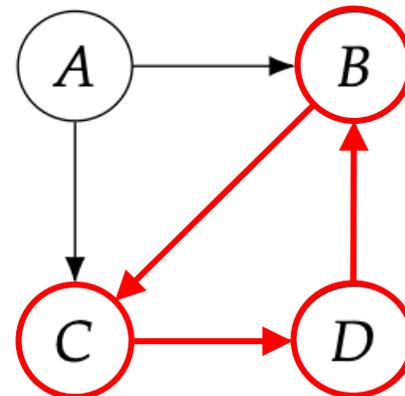
Undirected path:  $(A, B), (A, C), (C, D)$



Directed path:  $(A, C), (C, D)$

# CAUSALITY THROUGH GRAPHS

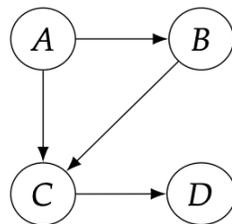
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- **(directed) path:** consecutive (directed) edges.
- **Directed Acyclic graph (DAG):** a directed graph without cycles, i.e. with no directed path starting and ending in the same node  $(X_i, X_{i+1})(X_{i+1}, X_{i+2}) \dots (X_{i+k}, X_i)$ .



A cycle:  $(B, C), (C, D), (D, B)$

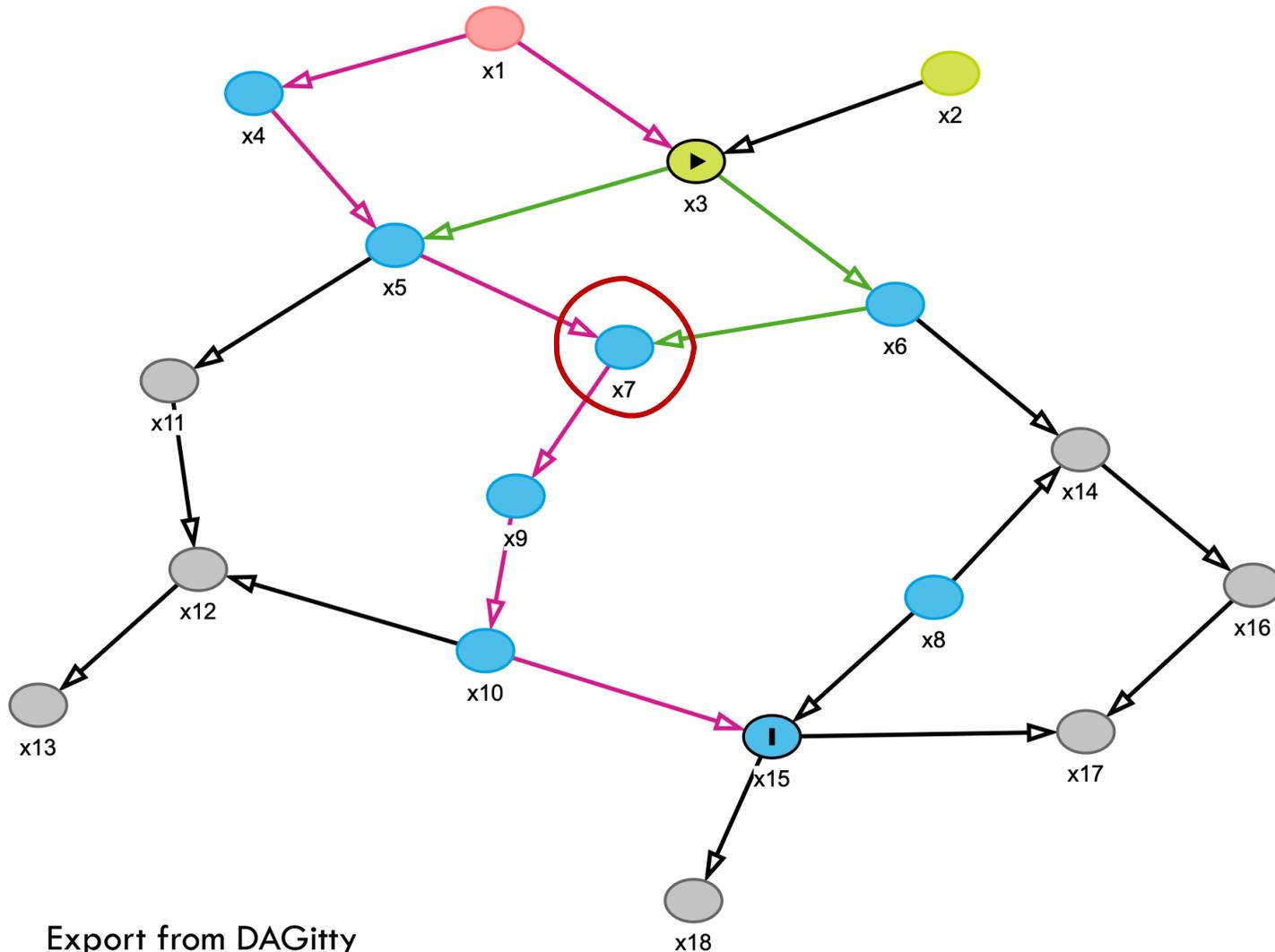
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- **Causal DAG:** a DAG where each node represent a random variable, each directed edge a (potential) direct causal relationship ( $\rightarrow$  a probabilistic interaction) and the absence of an edge denotes no direct causal relationship.



$$\mathbb{P}(D) = \mathbb{P}(D|C)\mathbb{P}(C|A, B)\mathbb{P}(B|A)\mathbb{P}(A)$$

# CAUSALITY THROUGH GRAPHS — SOME TERMINOLOGY

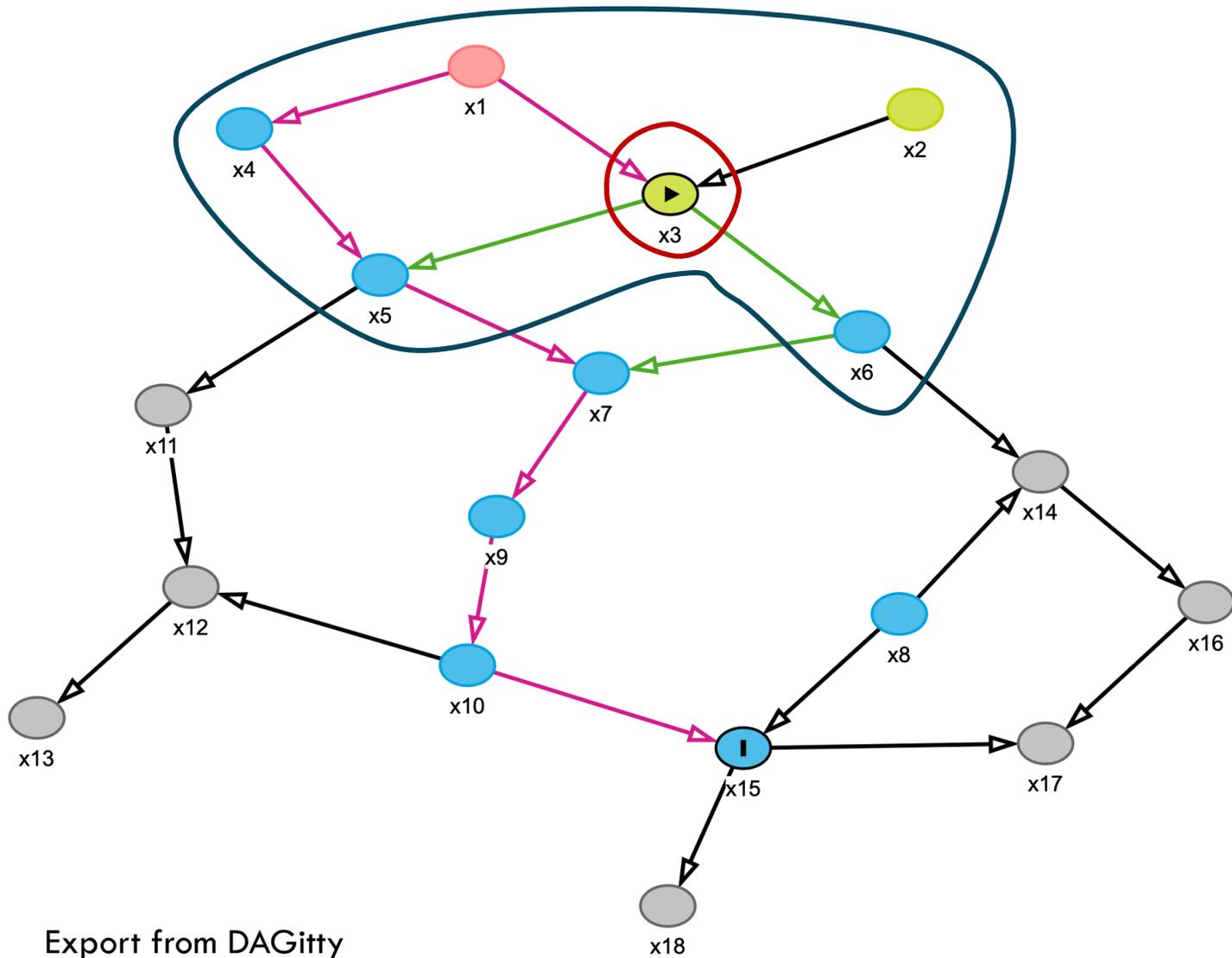


Export from DAGitty

## Let's focus on node $X_7$ :

- **Parents** – direct causes:  
 $Pa_{X_7} = \{X_5, X_6\}$
- **Ancestors** – (un)direct causes:  
 $Anc_{X_7} = Pa_{X_7} \cup \{X_1, X_2, X_3, X_4\}$
- **Children** – direct effects:  
 $Ch_{X_7} = \{X_9\}$
- **Descendant** – (un)direct effects:  
 $Des_{X_7} = Ch_{X_7} \cup \{X_{10}, X_{12}, X_{13}, X_{15}, X_{17}, X_{18}\}$

# CAUSALITY THROUGH GRAPHS — SOME TERMINOLOGY



Export from DAGitty

## Markov blanket

The Markov blanket of a node  $X$ ,  $MB_X$ , is the set consisting of:

- Parents of  $X$
- Children of  $X$
- Parents of children of  $X$  (spouses)

Could you see the  $MB_{X_3}$ ?

# CAUSALITY THROUGH GRAPHS — SOME TERMINOLOGY

## Local Markov Property:

In a DAG, a node  $X$  is independent from all its non-descendants given its parents.

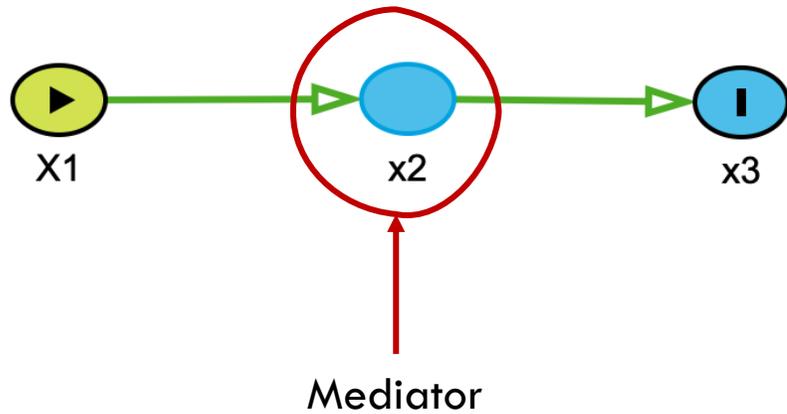
## Local Markov Condition:

The joint distribution of the variables in a DAG can be factorized as follows:

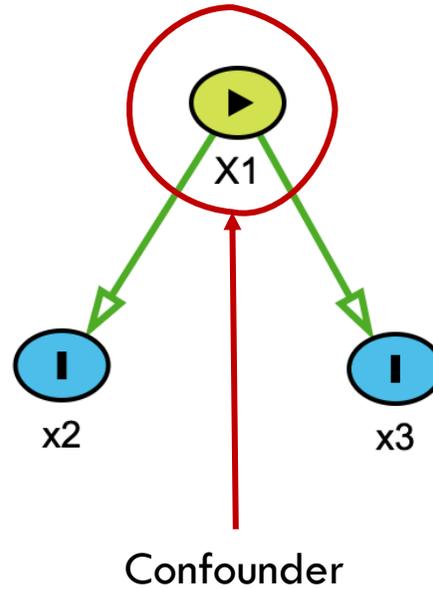
$$\mathbb{P}(X_1, \dots, X_N) = \prod_{i=1}^N \mathbb{P}(X_i | \text{Pa}_{X_i})$$

# CAUSALITY THROUGH GRAPHS — SOME TERMINOLOGY

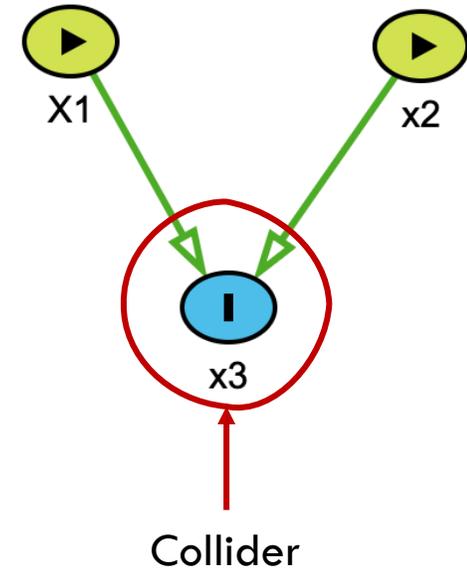
A chain



A fork



A v-structure



Root (no parents)



Sink (no children)

# CAUSAL STRUCTURE AND STATISTICAL INDEPENDENCE

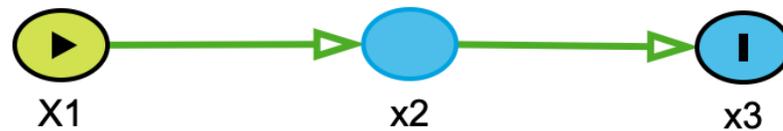
## Recall:

$$\left. \begin{aligned} X \perp\!\!\!\perp Y &\Leftrightarrow \mathbb{P}(X, Y) = \mathbb{P}(X)\mathbb{P}(Y) \\ X \perp\!\!\!\perp Y &\Leftrightarrow \mathbb{P}(X|Y) = \mathbb{P}(X) \end{aligned} \right\} \text{Independence}$$

$$\left. \begin{aligned} X \perp\!\!\!\perp Y|Z &\Leftrightarrow \mathbb{P}(X, Y|Z) = \mathbb{P}(X|Z)\mathbb{P}(Y|Z) \\ X \perp\!\!\!\perp Y|Z &\Leftrightarrow \mathbb{P}(X|Y, Z) = \mathbb{P}(X|Z) \end{aligned} \right\} \text{Conditional independence}$$

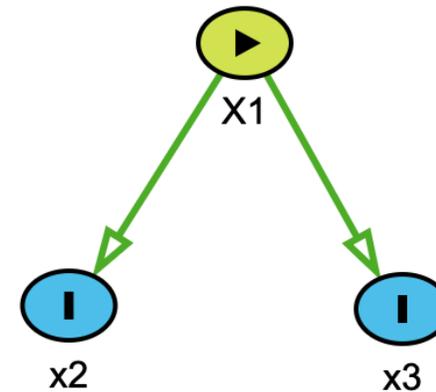
# CAUSAL STRUCTURE AND STATISTICAL INDEPENDENCE

1. All **adjacent nodes** (nodes linked through a single edge) are **dependent**.



$$X_1 \not\perp X_2$$

$$X_2 \not\perp X_3$$



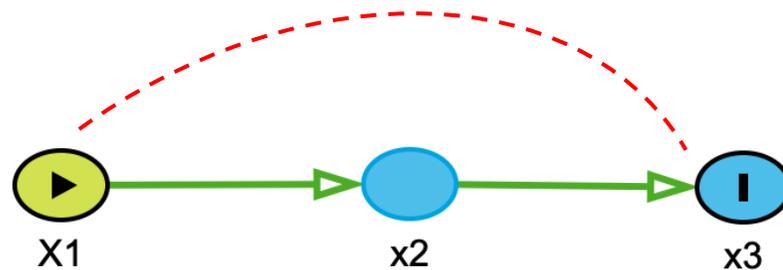
$$X_1 \not\perp X_2$$

$$X_1 \not\perp X_3$$

# CAUSAL STRUCTURE AND STATISTICAL INDEPENDENCE

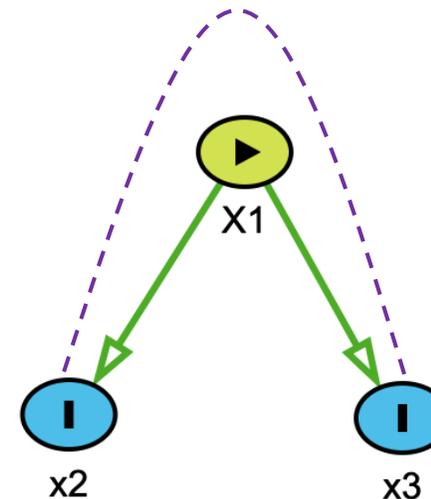
1. All **adjacent nodes** (nodes linked through a single edge) are **dependent**.
2. Statistical **association** can arise between **non-adjacent** nodes through **paths**.

(Causal) statistical association



$$X_1 \not\perp\!\!\!\perp X_3$$

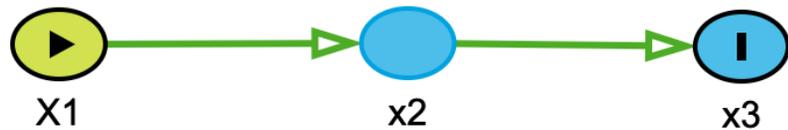
(Non-causal) statistical association



$$X_2 \not\perp\!\!\!\perp X_3$$

# CAUSAL STRUCTURE AND STATISTICAL INDEPENDENCE

1. All **adjacent nodes** (nodes linked through a single edge) are **dependent**.
2. Statistical **association** can arise between **non-adjacent** nodes through **paths**.
3. A **DAG + Markov condition** define a set of **(conditional) independence facts**.



Show that:  $X_3 \perp\!\!\!\perp X_1 \mid X_2$

From the Markov factorisation:  $\mathbb{P}(X_1, X_2, X_3) = \mathbb{P}(X_3 \mid X_2) \mathbb{P}(X_2 \mid X_1) \mathbb{P}(X_1)$

Conditional probability formula:

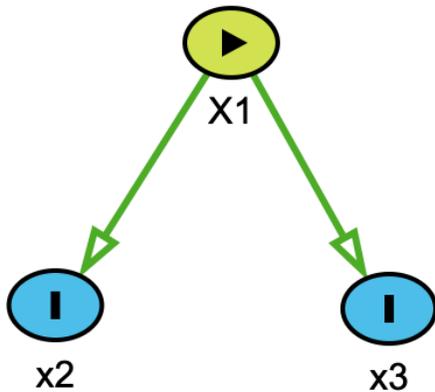
$$\mathbb{P}(X_1, X_3 \mid X_2) = \frac{\mathbb{P}(X_1, X_2, X_3)}{\mathbb{P}(X_2)} \Rightarrow \mathbb{P}(X_1, X_3 \mid X_2) = P(X_3 \mid X_2) \frac{\mathbb{P}(X_2 \mid X_1) \mathbb{P}(X_1)}{\mathbb{P}(X_2)}$$

Bayes rule:

$$\mathbb{P}(X_1 \mid X_2) = \frac{\mathbb{P}(X_2 \mid X_1) \mathbb{P}(X_1)}{\mathbb{P}(X_2)} \Rightarrow \mathbb{P}(X_1, X_3 \mid X_2) = \mathbb{P}(X_1 \mid X_2) \mathbb{P}(X_3 \mid X_2)$$

# CAUSAL STRUCTURE AND STATISTICAL INDEPENDENCE

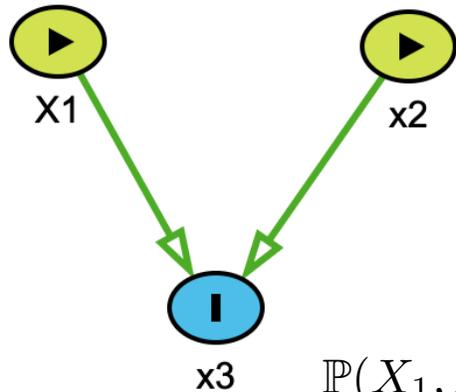
1. All **adjacent nodes** (nodes linked through a single edge) are **dependent**.
2. Statistical **association** can arise between **non-adjacent** nodes through **paths**.
3. A **DAG + Markov condition** define a **set of (conditional) independence facts**.



The same works for the fork structure ( $X_2$  and  $X_3$  are dependent, but becomes independent when conditioning on  $X_1$ ) → try at home!

# CAUSAL STRUCTURE AND STATISTICAL INDEPENDENCE

1. All **adjacent nodes** (nodes linked through a single edge) are **dependent**.
2. Statistical **association** can arise between **non-adjacent** nodes through **paths**.
3. A **DAG + Markov condition** define a **set of (conditional) independence facts**.



For the v-structure, things change:  $X_1$  and  $X_2$  are independent, but they turn out to be dependent when conditioning on  $X_3$ , their collider.

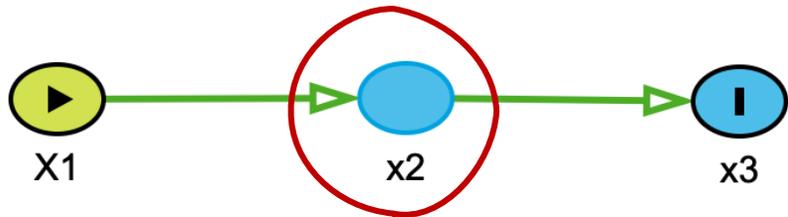
$$\begin{aligned}
 \mathbb{P}(X_1, X_2) &= \sum_{X_3=x_3} \mathbb{P}(X_1, X_2, X_3 = x_3) && \text{Total probabilities low} \\
 &= \sum_{X_3=x_3} \mathbb{P}(X_3 = x_3 | X_1, X_2) \mathbb{P}(X_1) \mathbb{P}(X_2) && = P(X_1) \mathbb{P}(X_2) \underbrace{\sum_{X_3=x_3} \mathbb{P}(X_3 = x_3 | X_1, X_2)}_{=1} \\
 &= P(X_1) \mathbb{P}(X_2)
 \end{aligned}$$

# D-SEPARATION

## Blocking paths

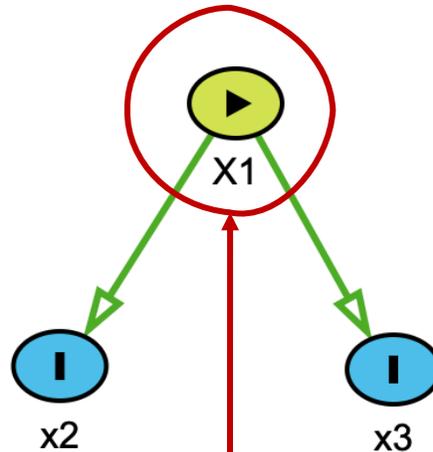
A path (**not talking about direction here!**) between two nodes,  $X$  and  $Y$ , is blocked conditioning on a node  $Z \neq X, Y$  if:

- $Z$  is a mediator along the path between  $X$  and  $Y$  ( $X \rightarrow \dots \rightarrow Z \rightarrow \dots \rightarrow Y$ ) or a confounder ( $X \leftarrow \dots \leftarrow Z \rightarrow \dots \rightarrow Y$ )
- $Z$  is not a collider along the path between  $X$  and  $Y$ , nor a descendant of a collider.



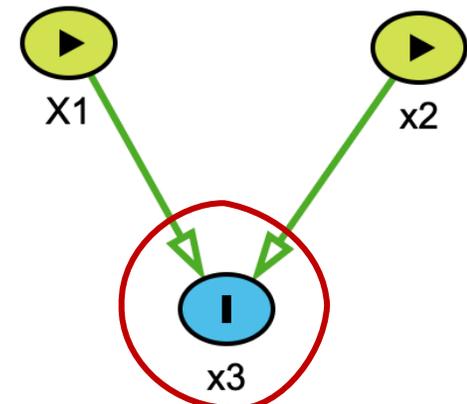
Mediator:

$X_2$  is blocking the path  $X_1 \rightarrow X_2 \rightarrow X_3$



Confounder:

$X_1$  is blocking the path  $X_2 \leftarrow X_1 \rightarrow X_3$



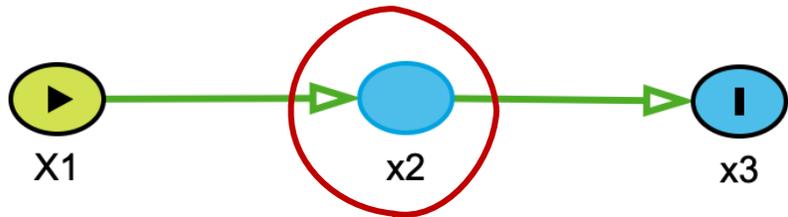
Collider

$X_3$  is NOT blocking the path  $X_1 \rightarrow X_3 \leftarrow X_2$

# D-SEPARATION

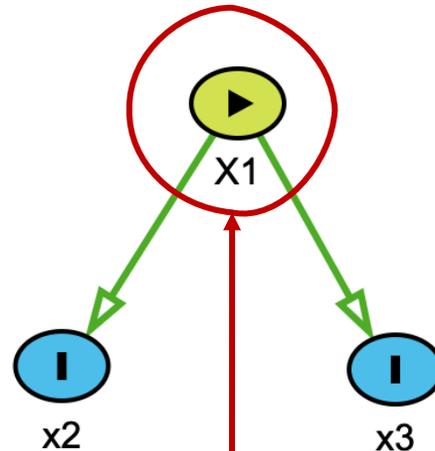
## Intuition 1

A path between two nodes,  $X$  and  $Y$ , is blocked by a node  $Z$  if conditioning on  $Z$  makes  $X$  and  $Y$  independent.



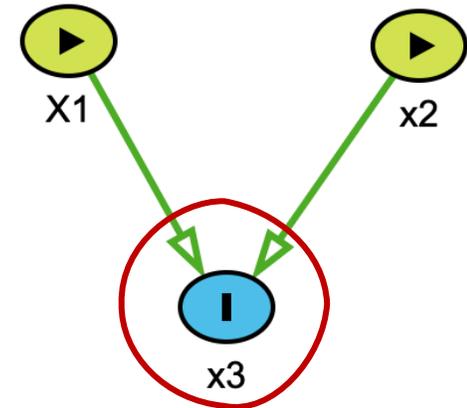
Mediator:

$X_2$  is blocking the path  $X_1 \rightarrow X_2 \rightarrow X_3$



Confounder:

$X_1$  is blocking the path  $X_2 \leftarrow X_1 \rightarrow X_3$



Collider

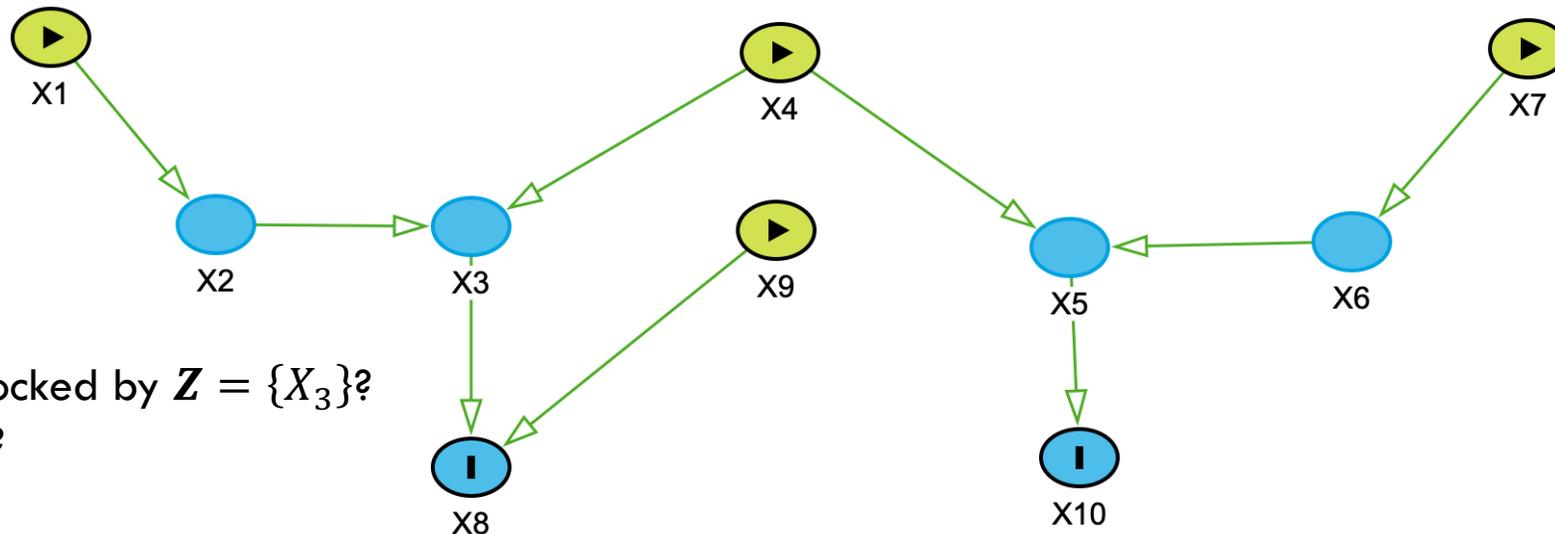
$X_1$  and  $X_2$  are independent  
without any conditioning

# D-SEPARATION

This concept can be extended to sets of nodes!

## d-separation

Two disjoint sets of nodes,  $X$  and  $Y$ , are d-separated by a third (potentially empty) disjoint set of nodes  $Z$  if **every path** between every node in  $X$  and every node in  $Y$  is **blocked given  $Z$** .



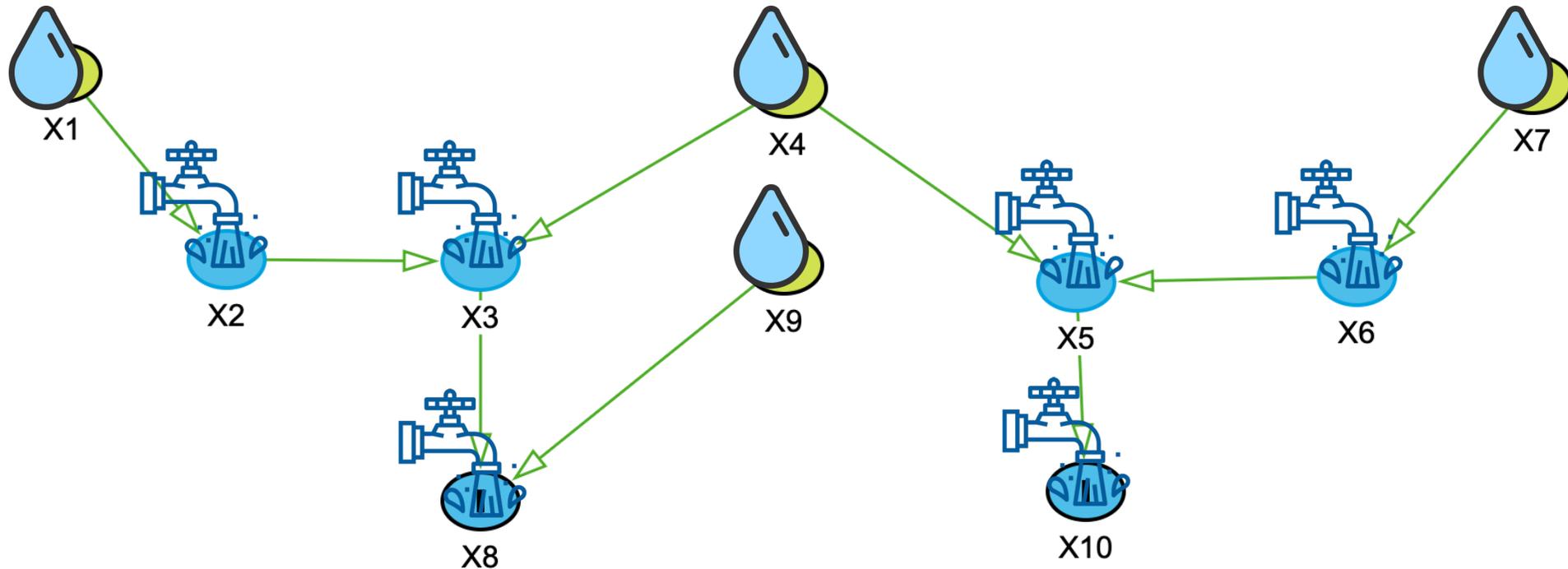
$X_1$  and  $X_8$  are blocked by  $Z = \{X_3\}$ ?  
And by  $Z = \{X_2\}$ ?

$X_4$  and  $X_6$  are blocked by  $Z = \{X_5\}$ ? Or by  $Z = \{X_5, X_{10}\}$ ?  
What set is blocking  $X_1$  and  $X_9$ ? And  $X_3$  and  $X_5$ ?

# D-SEPARATION

## Intuition 2

Think about information flow like water flow through the causal paths



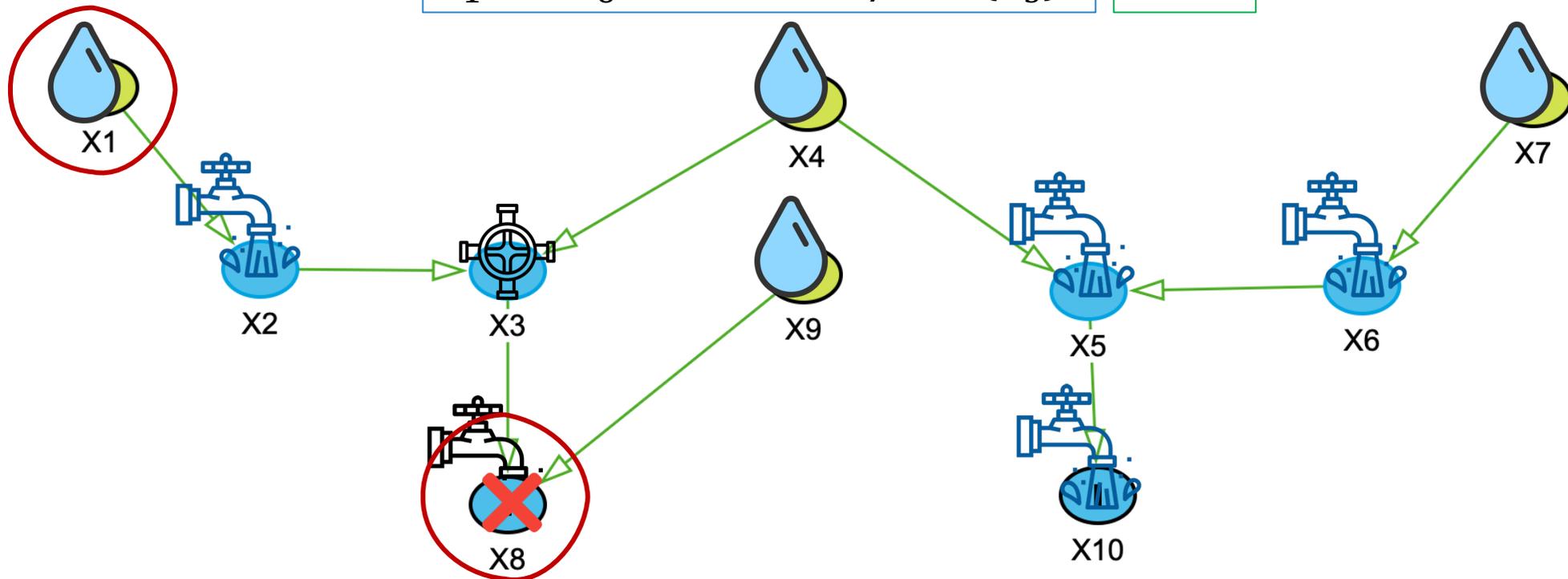
# D-SEPARATION

## Intuition 2

Think about information flow like water flow through the causal paths

$X_1$  and  $X_8$  are blocked by  $Z = \{X_3\}$ ?

**YES!**



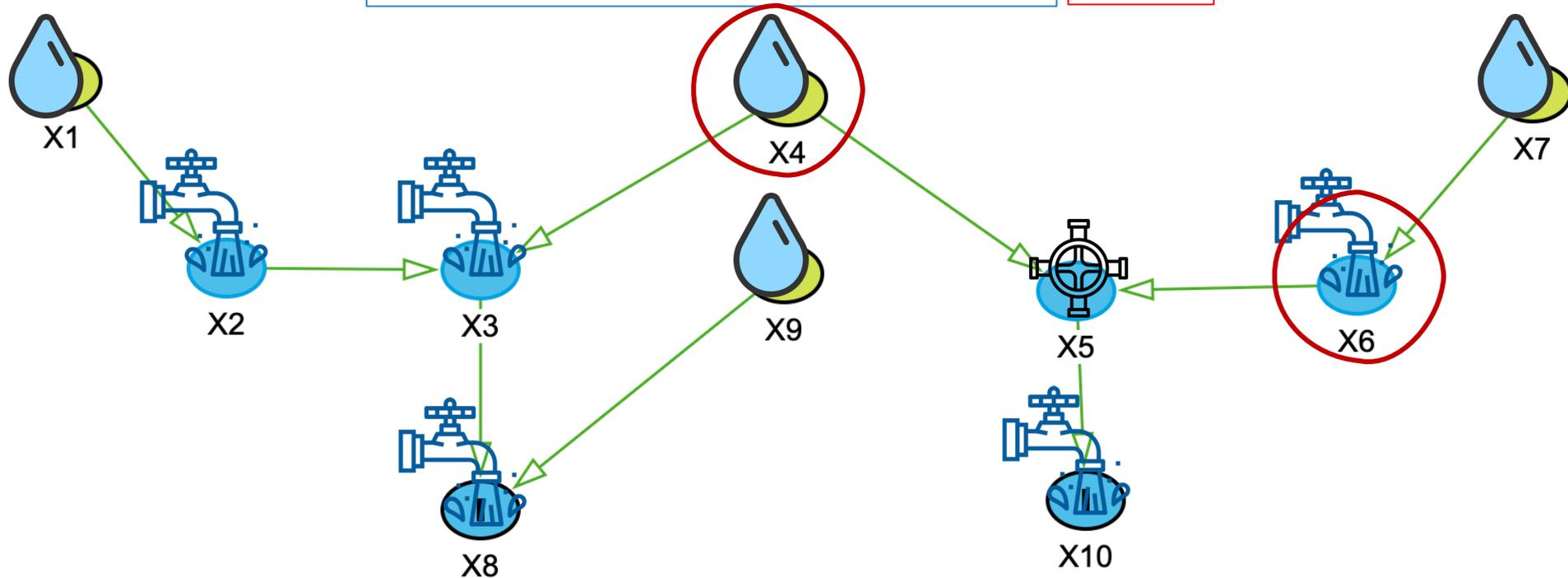
# D-SEPARATION

## Intuition 2

Think about information flow like water flow through the causal paths

$X_4$  and  $X_6$  are blocked by  $Z = \{X_5\}$ ?

**NO!**

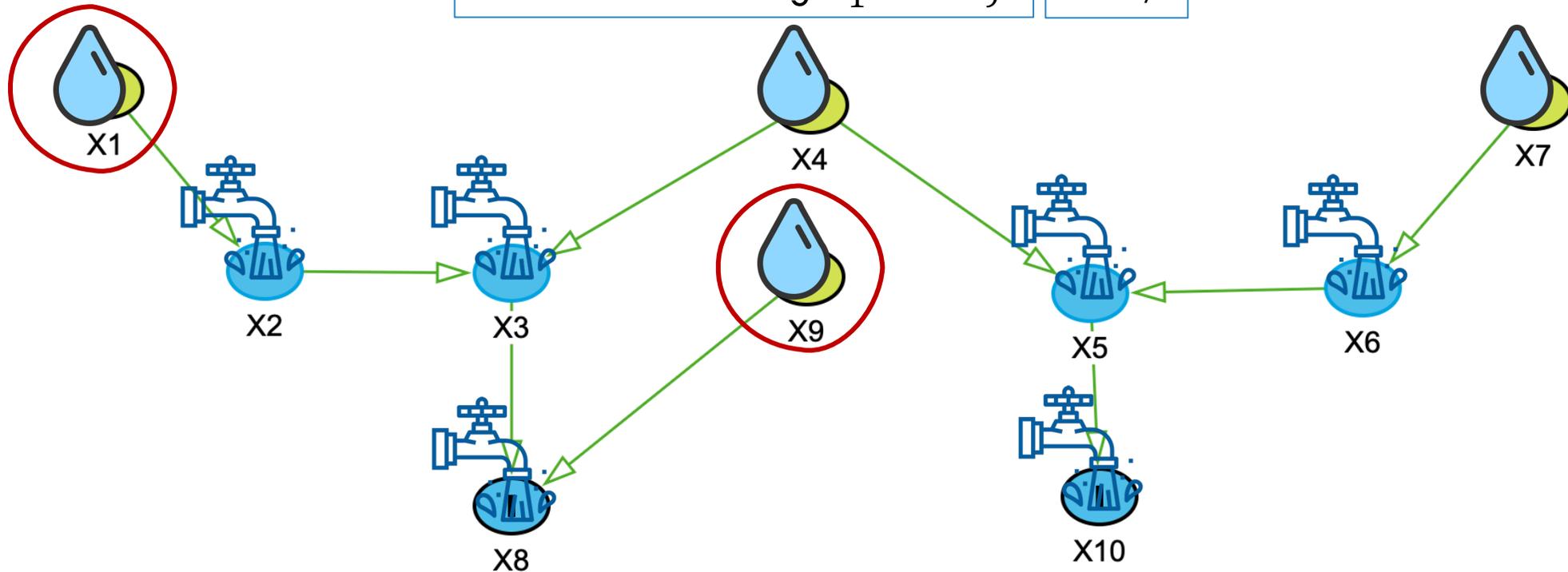


# D-SEPARATION

## Intuition 2

Think about information flow like water flow through the causal paths

What set is blocking  $X_1$  and  $X_9$ ?  $Z = \emptyset$

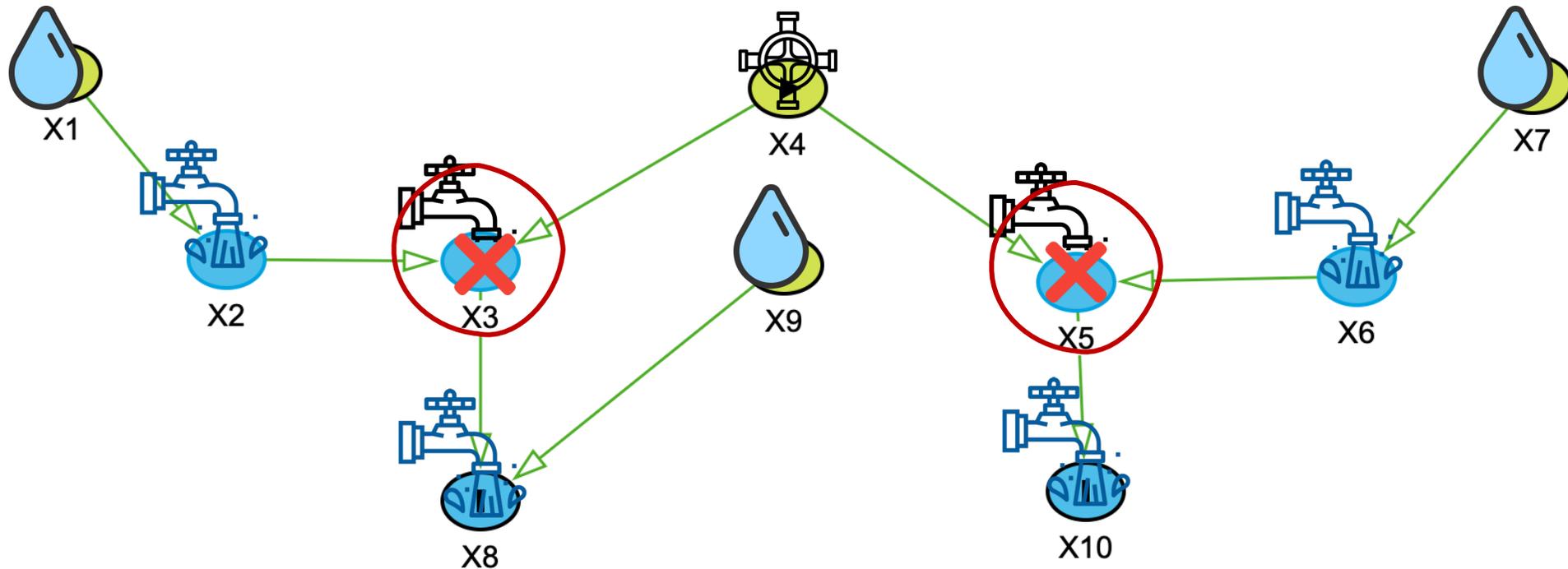


# D-SEPARATION

## Intuition 2

Think about information flow like water flow through the causal paths

What set is blocking  $X_3$  and  $X_5$ ?  $Z = \{X_4\}$

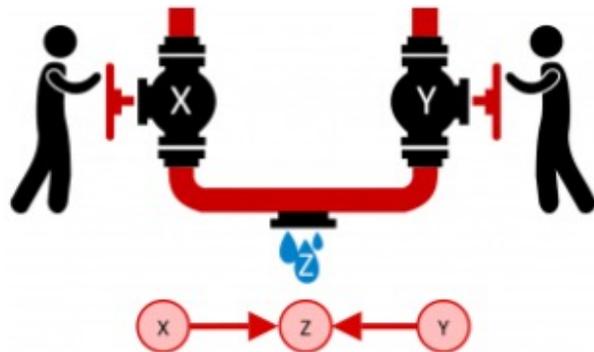


# D-SEPARATION

## Intuition 3

Conditioning on some variables can either block ( $\rightarrow$  d-separate) existing flows of information (chain/fork), or activate/open new ones (v-structure).

- **Chain/fork are open by default:** you MUST condition on the intermediate variable (mediator or confounder) to block the path.
- **V-structures are closed by default:** this path becomes open only if you condition on the collider (or its descendant).



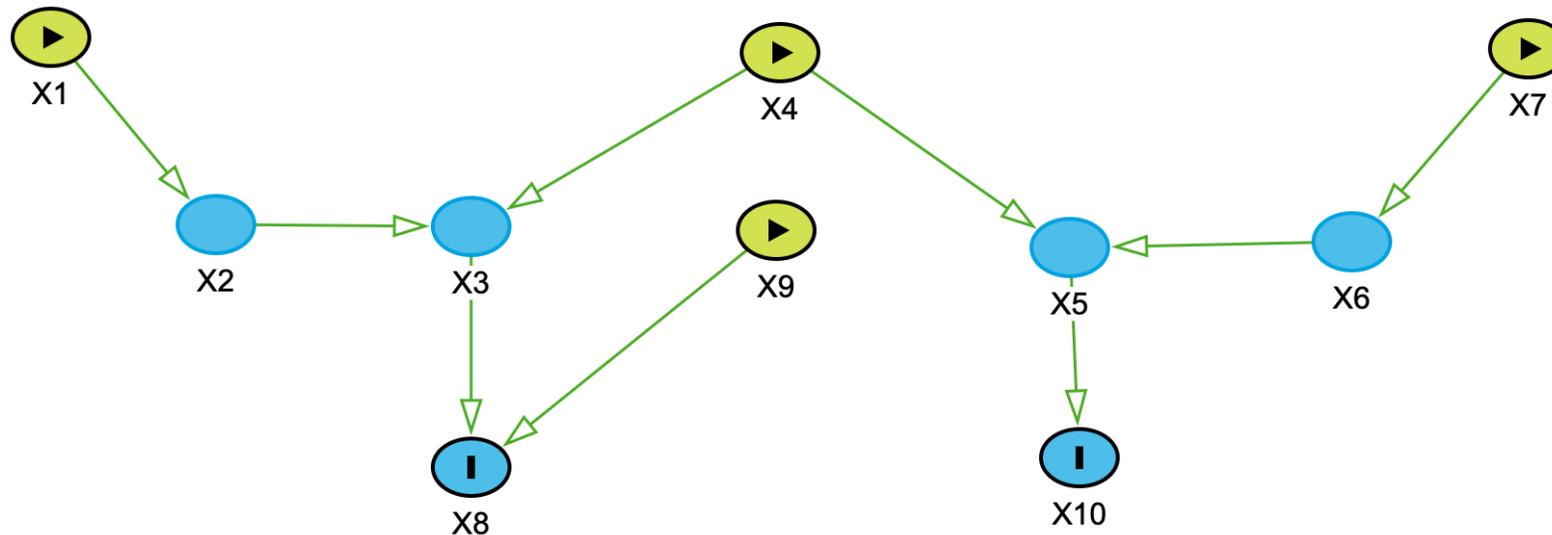
- If  $X$  turns rate up, it increases the flow in  $Z$  but has no effect on  $Y$ .
- If I condition on  $Z$  ( $\rightarrow$  I fix  $Z$  to a specific rate of flow), then when  $X$  turns up,  $Y$  must do the opposite. So someone looking at  $X$  and  $Y$  under this condition (strata of  $Z$ ) would see a correlation between them.

# D-SEPARATION

## Connection with the Markov assumption

If two (sets of) variables are d-separated in a causal DAG, then they are (conditionally) independent.

**d-separation  $\Rightarrow$  conditional independence**



$X_1$  and  $X_8$  are d-separated by  $X_3 \Rightarrow X_1 \perp\!\!\!\perp X_8 \mid X_3$